



## STARS AND STRIPES

*A Mark Lipinski Design for The Quilts of Valor Foundation*

Finished quilt top: 67 x 81 inches. Unfinished block: 7½" inches square



### **Why the *Stars and Stripes* Quilt?**

A short time ago, I received a telephone call from Marianne Fons inviting me to participate in a PBS special for Iowa Public Television to showcase The Quilts of Valor Foundation. The special was designed for viewers to learn that making a Quilt of Valor can be both enjoyable and rewarding, even if they had never sewn anything before. During the “how to” segments, quilting celebrity coaches, Eleanor Burns (Quilt in a Day), Alex Anderson (The Quilt Show), and me, Mark Lipinski, helped our “rookies” - Olympic wrestler Dan Gable, Lawrence Welk star Mary Lou Metzger, and an everyday hero and the wife of an Army Guardsman Heather Stephenson – make their very first Quilts of Valor to award to wounded warriors.

Eleanor, Alex, and I were instructed to design a quilt, that after the fabric was cut to the specified pattern design, could be entirely pieced in 6 to 7 hours – the time allotted for the show’s taping. *Stars and Stripes* is the quilt design that I designed and helped my rookie, Mary Lou, complete.

With all of our prep work done before class, we can spend the day talking, laughing, and getting to know more about each other. You may want to keep your finished *Stars and Stripes* quilt for yourself or, like me, you might want to offer your finished quilt to a local war veteran through the Quilts of Valor Foundation. It doesn’t matter. We will use our time while piecing the *Stars and Stripes* quilt as a way to meet new and creative people, to learn a new trick or two, relieve some stress, challenge yourself, or delve deeper into a technique you already know, open your creativity, and strengthen and build our community of quilters.

If you have any questions or comments, don't be afraid to pick up your phone and give me a ring or email me at [pickleroadstudios@me.com](mailto:pickleroadstudios@me.com) xoxom

## STARS AND STRIPES QUILT Supplies and Equipment

- ☐ Rotary Cutter
- ☐ Cutting Mat
- ☐ Wide plastic quilter's ruler (6"x24)
- ☐ Helpful but NOT REQUIRED: 7½" square plastic quilter's ruler
- ☐ Fabric scissors
- ☐ Seam ripper
- ☐ Flat head pins or straight pins
- ☐ Sewing Machine with a 1/4-inch foot (if the foot has a 1/4" seam guide that's even better)
- ☐ If you happen to have a *Curve Master* foot you can bring it along to class. If you do not have a Curve Master foot, you do not need one for this class.
- ☐ Bent tip tweezers (optional — a must have for using the Curve Master foot)
- ☐ A small book of Post-Its
- ☐ 100% Cotton sewing machine thread in a neutral color
- ☐ Stiletto
- ☐ Seam Roller

*\* Please be certain that your name clearly appears on all of your equipment and supplies.*

*\*\* Make sure your sewing machine is in good working order and that you are familiar with basic features, such as threading the machine, changing the needle, needle adjustment and stitch length regulation. If you need help, consult the owner's manual or your local dealer prior to class.*



*With 'Quilt Out Loud' co-host, Jodie Davis on location.*

## Fabric Materials

- 1 3/8 yards navy print
- 1 1/2 yards red print
- 2 1/4 yards cream print
- 5/8 yard golden print for inner border
- 1 1/2 yards navy border print (I used a stripe if you like) for outer border
- 1 fat quarter cream-and-red print for corner blocks \* fat quarter = 18" x 24"
- 5/8 yard for straight binding cut into 8 - 2 1/4" strips (I used a stripe on the bias). Please adjust if you plan to use a bias binding.
- 7"-Finished Drunkard's Path template or plastic template material
- 5 yards backing fabric (we will not need this for class)
- **Batting:** Standard Twin-size quilt batting or a batting that measures at least 87"x 72" To use as a design wall in class — then, after class, for your quilt! You're going to need this!

Quantities specified for 44/45"-wide, 100% cotton fabrics. All measurements include a 1/4" seam allowance.

## Pre-Class Cutting Instructions

### **From navy print, cut:**

- 2 (7 1/2 wide) strips. From these strips, **cut 10** (7 1/2") D squares. Place them in a bag labeled, "D Squares."
- 4 (4" wide) strips. From these strips, **cut 60** (4" x 2 1/4") rectangles. Place them in a bag labeled, "A Rectangles."
- 6 (2 1/4 wide) strips. From these strips, **cut 92** (2 1/4") squares. Place 60 of these squares in a bag labeled, "Navy B Squares." On the back of the **32** remaining Navy B Squares, draw a diagonal line with a pencil *on the back* of each square and place them in a bag labeled, "Marked Navy B Squares."



### **From red print, cut:**

- 2 (4" wide) strips. From these strips, **cut 19** (4") C Squares. Place them in a bag labeled, "C Squares."
- **Cut 38** Drunkard's Path quarter circles using a 7"-Finished Drunkard's Path template OR if you are using an Accuquilt GO! you may use the *GO! Drunkard's Path 7"-Finished* cutting die. Included in this supply list is a full-sized 7" Finished Drunkard's Path template (just be sure after printing that the square sides of the quarter circle measure 5 3/4").



**From cream print, cut:**

- 8 (2¼" wide) strips. From these strips **cut 120** (2¼") "Cream B Squares." *On the back of each of the squares, draw a diagonal line with a pencil.*



- **Cut 38** Drunkard's Path backgrounds using a 7"-Finished Drunkard's Path template OR if you are using an Accuquilt GO! you may use the *GO! Drunkard's Path 7"-Finished* cutting die. Included in this supply list is a full-sized 7" Finished Drunkard's Path template (just be sure after printing that the square sides of the background measure 7½").



**From the golden print, cut:**

- 6 (2½" wide) strips. Piece strips together to make 2 (2½" x 63½") units and 2 (2½" x 53½") units. Place these in a bag labeled "Golden Inner Borders"

**From navy border print, cut:**

- 7 (7½" wide) strips. Piece strips to make 2 (7½" x 67½") units and 2 (7½" x 53½") units. Place these in a bag labeled "Borders"

**From cream-and-red print fat quarter, cut:**

- 2 (4" wide) strips. From these strips, **cut 16** (4" x 2¼") rectangles. Place them in a bag labeled, "Fat Quarter rectangles."
- 2 (2¼" wide) strips. From these strips, **cut 16** 2¼" squares. Place them in a bag labeled "Fat Quarter Squares"







*On the PBS set with Alex Anderson, Eleanor Burns, and Marianne Fons in Iowa, where I debuted the Stars and Stripes quilt design*



*Mary Lou Metzger of The Lawrence Welk Show made the Stars and Stripes quilt as her very first quilt – ON TV!*

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## Stars and Stripes Templates