

Cindy Grisdela
Contemporary Art Quilts
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Artful Improv – Permission to Play! Supply List

Choose a color recipe—for example, warm colors like red, orange, yellow, or cool colors such as blue, green, purple. Or you can use an “anything goes” color recipe. Include different values of your colors—light, mediums and darks—as well as a contrasting color to add interest. Fabrics can be solids, batiks, small scale prints, or a combination.

This is a scrappy process, so you’ll need 8-12 fat quarters to explore these improv techniques—Improv Log Cabin style blocks, Improv circles, Angled Stripes, Curved Strips and Insets. You may include scraps of various sizes too if you have them.

Sewing Machine with manual

Rotary cutter and mat

Rulers – suggest 6" square and 6" x 12"

Scissors

Neutral thread

Batting 20"-24" square to design and transport your quilt -

Extra lighting and a portable iron and ironing surface if you need them (optional)

*optional but helpful - *Artful Improv: Color Recipes, Building Blocks & Freemotion Stitching* by Cindy Grisdela (Instructor will have books for sale.)

If you have any questions, please contact Cindy at cindy@cindygrisdela.com